

CLUB TRIBECA SENIOR FRIENDLY — TRIP TO — *Purulia & Bankura*

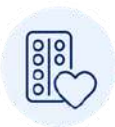
Why Travel With Us



Home Pick Up and Drop



Emergency Assistance



Medication and Daily Support



Senior Friendly Hotels and Meals



Minimal Walking & Stress



Care Manager Assistance



**DEPARTURE : 1st DECEMBER
3 Nights & 4 Days**



You're not paying more for the same trip -

You're paying for the only trip designed entirely around your health, your pace, your safety, and your family's peace of mind.

Travel ITINERARY

**1 December · 3 Nights / 4
Days**

Executive Summary

An unhurried countryside escape through the hills and reservoirs of Purulia and Bankura — Baranti, Garpanchakot, Panchet and the great Mukutmanipur dam.



Rolling hills, forest and reservoir views across Purulia and Bankura, seen at an easy, unhurried pace



Comfortable AC vehicle for all sightseeing — no crowded buses or long walks between stops



Seating and rest facilities available at the resort and at every major viewpoint



Best enjoyed in Bengal's cool, dry winter months — pleasant days and cool countryside evenings



Journey to the Countryside of Bankura



Train to Destination & Drive to Tepantar Resort

- Home pickup, assisted by Care Managers
- Train from Kolkata, with onboard refreshments
- AC transfer from station to Tepantar Resort, Jhantipahari, Bankura



Arrival & Lunch at Tepantar Resort

- Check-in at Tepantar Resort, set amid the quiet Bankura countryside
- A leisurely lunch, followed by rest through the afternoon
- Gentle stroll through the gardens and courtyard, followed by an evening cultural programme

Hills of Purulia



Day 2

Baranti — Hills & the Muradi Lake

- Full-day excursion by AC vehicle into the hills of Purulia
- Baranti's green hills and the Muradi Dam lake, with easy viewpoints and seating
- Packed lunch enjoyed at a scenic rest stop



Day 2

Garpanchakot & Panchet

- Garpanchakot's old fort ruins at the base of Panchakot Hill, along a paved path
- Onward to Panchet, with sweeping views of the dam and reservoir
- Return to the resort for evening tea, dinner, and a quiet night in.



Mukutmanipur: Full Day Excursion



Day 3

Mukutmanipur Dam & Reservoir

- Full-day excursion by AC vehicle to Mukutmanipur, one of Bengal's largest earthen dams.
- Scenic viewpoints over the reservoir
- Packed lunch enjoyed at a comfortable seating spot by the water
- Back at the resort for a relaxed evening — tea, dinner, and rest

Check-Out & Departure



Day 4

Morning Check-Out & Journey Home

- Packed breakfast provided for an early start
- AC vehicle transfer back to station
- Return train to Kolkata, with home drop-off by Care Managers



What to Pack



Light, layered clothing – cool mornings, warm afternoons



Comfortable, non-slip walking shoes with grip



A sun hat and sunscreen for daytime outings



Walking stick or support if needed – no judgment



Mosquito repellent for the evenings



A small shoulder bag for daily outings



A shawl or Sweater for cool countryside evenings



Water bottle to stay hydrated



All medications in original containers



Doctor's letter, if needed

ACCESSIBILITY & SAFETY FEATURES



Comfortable AC vehicle for all sightseeing, throughout the trip



Paved paths at Garpanchakot and the major viewpoints



Seating available at all major viewpoints



Rest breaks and packed meals built into every excursion day



Vehicles park close, within walking distance of all viewpoint



A dedicated Tribeca trip coordinator with you at all times



Assistance provided wherever steps or uneven terrain occur



Medical assistance on standby throughout the journey

PRACTICAL RECOMMENDATIONS For Seniors

Who This Itinerary is Best For



Lovers of Bengal's
countryside, hills
and heritage



Those wanting a
longer getaway from
one resort base



Seniors comfortable
with full-day
excursions



Families wanting a
gentle multi-day
break for parents

Health Conditions



Heart or Lung Conditions

Clearance advised
given the fuller
excursion days.



Mobility or Balance Issues

Walking aids are fine;
some uneven ground
at Garpanchakot's fort
ruins.



Weather

Countryside mornings
can be cool — carry a
light layer.



Dietary Restrictions

Let us know in
advance for meal
and packed-lunch
planning.

Tips for Maximum Comfort



- Don't skip breakfast — it
fuels the day



- Stay hydrated; sip water
every 30–45 min



- Use a walking stick or
support — no judgment



- Rest when tired; this is
leisure, not a race



- Take photos and enjoy
the moments



- Too much? Enjoy the view
from the vehicle

Ready to join us? Please Contact



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