

CLUB TRIBECA SENIOR FRIENDLY

— • TRIP TO — •

Puri

Why Travel With Us



Home Pick Up and Drop



Emergency Assistance



Medication and Daily Support



Senior Friendly Hotels and Meals



Minimal Walking & Rest Breaks



Care Manager Assistance



DEPARTURE: 11 JANUARY 2027
3 Nights / 4 Days



**You're not paying more for the same trip.
You're paying for a trip designed around your
health, your pace, your safety, and your
family's peace of mind.**

Travel ITINERARY

January • 3 Nights / 4 Days

Executive Summary

A classic winter getaway based in Puri, bringing together the spiritual atmosphere of Jagannath Temple, leisurely time by the sea, the carved Sun Temple at Konark, and a cruise on Chilika Lake .



Puri's uninterrupted beach is flat, and perfect for senior leisure



All transfers by AC vehicle minimal independent walking required



Seating and rest at the hotel and major stops



Winter weather for a comfortable coastal break

Puri & Jagannath Darshan



Day 1

Train to Puri & Hotel Check-In

- Home pickup with Care Manager assistance.
- AC transfer from Kolkata to Puri
- Check in to a senior-friendly hotel & unwind



Day 1

Jagannath Darshan & Beach

- Care Managers assist with senior-priority queue arrangements.
- Unhurried darshan and time for quiet reflection.
- Gentle sunset walk on Puri beach, followed by dinner at the hotel.

Konark Sun Temple Excursion



Day 2

Konark Sun Temple

- Travel from Puri to Konark by AC vehicle.
- Explore the 13th-century Sun Temple and carved stone wheels with our Care Manager.
- Enjoy a leisurely lunch break during sightseeing.

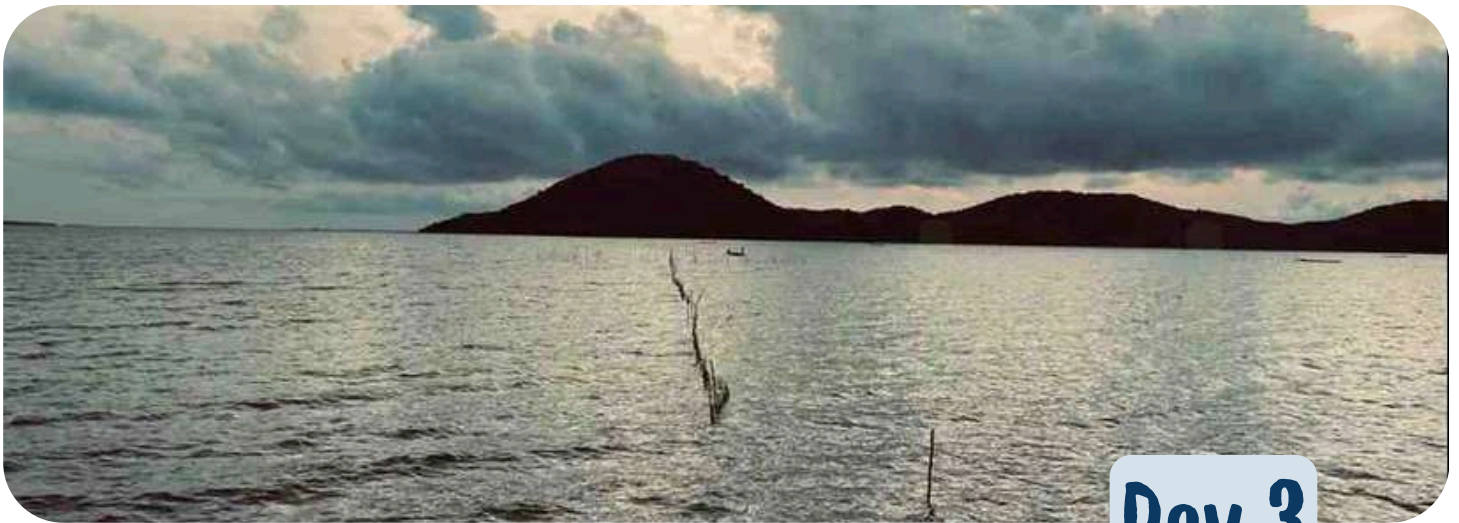


Day 2

Return to Puri & Relax

- Drive back to the Puri hotel by evening.
- Relax after the full-day excursion.
- Enjoy a gentle evening stroll along the beach.

Lake Views & Local Finds



Day 3

A Serene Escape to Chilika Lake

- Travel to Chilika Lake by AC vehicle.
- Enjoy the views, with a chance to spot dolphins and migratory birds, weather permitting.



Day 3

Puri Market Stroll

- Return to Puri by evening.
- Browse local handicrafts, pattachitra paintings and sweets.
- Dinner and rest at the hotel.

Beach Morning & Departure



Day 4

A Relaxed Last Morning

- Spend a leisurely morning by the beach or at the hotel.
- No fixed schedule before check-out.
- Care Managers assist with luggage.



Day 4

Journey Home to Kolkata

- Checkout from hotel.
- Board the vehicle for departure.
- Home drop-off with Care Manager assistance on arrival.



ACCESSIBILITY & SAFETY FEATURES



- AC vehicle for all sightseeing



- Seating at the hotel and every major stop



- Vehicles park close to each major stop



- Dedicated Tribeca coordinator throughout



- Senior-priority arrangements for Jagannath darshan



- Assistance at steps and Chilika's boat jetty



- Rest and restaurant stops each excursion day



- Medical assistance on standby

What to Pack



- Light, breathable cotton clothing for the coast



- Small shoulder bag for daily outings



- Non-slip shoes for beach and temple stone



- Modest clothing for Jagannath darshan



- Sun hat and sunscreen for daytime outings



- Water bottle to stay hydrated



- Walking stick or support if needed - no judgment



- All medications in original containers



- Mosquito repellent for coastal evenings



- Doctor's letter, if needed

PRACTICAL RECOMMENDATIONS For Seniors

Who This Itinerary is Best For



Families seeking a gentle winter break



- Devotees visiting Jagannath and Konark



- Comfortable with full-day outings on Days 2 and 3



- Seniors seeking pilgrimage and beach

Health Conditions



- **Heart/Lung:** Doctor's clearance advised for Days 2 and 3



- **Mobility:** Walking aids are fine; expect some uneven steps



- **Diet:** Tell us restrictions in advance for meal planning



- **Weather:** Keep hydrated and rest in the shade

Tips for Maximum Comfort



- Do not skip breakfast – it fuels the day



- Rest when tired – this is leisure, not a race



- Sip water every 30-45 minutes



- Take photos and enjoy the moments



- Use a walking stick or support if needed



- Too much? Enjoy the view from the vehicle or boat

Ready to join us? Please Contact



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