

CLUB TRIBECA SENIOR FRIENDLY TRIP TO South India Temple Trail

Why Travel With Us

- **Home Pick Up and Drop**
- **Senior Friendly Stays**
- **Emergency Assistance**
- **Thoughtful Pace & Rest**
- **Medication and Daily Support**
- **Care Manager Assistance**

21–30 JANUARY 2027
9 Nights & 10 Days

Temple darshan • Heritage • Care Manager support

You're not paying more for the same trip –
You're paying for the only trip designed entirely around your health, your pace, your safety, and your family's peace of mind.



Travel ITINERARY

21–30 January 2027 | 9 Nights / 10 Days

Executive Summary

Discover Tamil Nadu's sacred heritage on a 10-day journey through Kanchipuram, Mahabalipuram, Thanjavur, Rameswaram, Madurai and Trichy, with temple darshan, comfortable AC travel and relaxing hotel stays.

- **UNESCO-listed temple heritage and three elemental Shiva shrines: Earth, Sky and Water**
- **AC Tempo Traveller / Marco Polo coach travel, with comfort stops and Care Manager support**
- **Senior-friendly, three-star-equivalent stays with breakfast and rest each evening**
- **Expect warm days, generally around 25–30°C in many destinations. Carry light cottons and a shawl for cool AC environment**

Welcome to Chennai



Day 1

Arrival in Chennai

- Warm welcome by the TriBeCa team at Chennai Airport.
- Comfortable transfer to the hotel.
- Check in and settle into your room.



Day 1

Time to Unwind

- Relax and rest after your journey.
- Enjoy some leisure time at the hotel.
- Get ready for the temple trail ahead.

Kanchipuram Temple Darshan



Day 2

The Sacred Temples of Kanchipuram

- Drive to Kanchipuram, approximately 3 hours.
- Visit Sri Kanchi Kamatchi Amman Temple for darshan.
- Visit Sri Ekambareswarar Temple, where Lord Shiva represents the element of Earth.
- Explore the spiritual heritage of Kanchipuram's famous temples.



Day 2

Kailasanatha, Silks & Crafts

- Visit the 8th-century Sri Kailasanatha Temple.
- Explore its ancient architecture and heritage.
- Shop for Kanchipuram silk sarees and traditional handicrafts.
- Return to the hotel for a relaxing evening.

Mahabalipuram & Pondicherry



Day 3

Mahabalipuram Heritage

- Drive to Mahabalipuram (approx. 2 hours).
- Visit the Shore Temple, Mahishasura Mardini Cave and Varaha Cave.
- Explore the Five Chariots (Pancha Rathas) and Arjuna's Penance.
- See the famous Krishna's Butter Ball.



Day 3

Pondicherry Highlights

- Drive to Pondicherry (approx. 2.5 hours).
- Visit Auroville (Matrimandir viewed from outside), Aurobindo Ashram and Sri Manakula Vinayagar Temple.
- Enjoy a gentle walk through the French Colony and Promenade Beach.
- Rest at the hotel in Pondicherry.

Chola Temples of the Kaveri Delta



Day 4

Chidambaram & Gangaikondacholapuram

- Visit Chidambaram Nataraja Temple, Shiva's elemental shrine of Sky.
- Continue to the 11th-century Gangaikondacholapuram Shiva Temple.
- Discover the UNESCO-listed heritage of the Great Living Chola Temples.



Day 4

Darasuram & Kumbakonam

- Visit Sri Airavateswarar Temple at Darasuram, a 12th-century Chola gem.
- Drive towards Kumbakonam (approx. 3 hrs, excluding visits).
- Rest at the hotel in Kumbakonam.

Thanjavur to Rameswaram



Day 5

Thanjavur's Chola Heritage

- Drive to Thanjavur (approx. 1 hr).
- Visit Sri Brihadeeswara, the Big Temple, completed in the 11th century.
- Explore the Thanjavur Art Gallery at the Maratha Palace.



Day 5

Onward to Rameswaram

- Continue to Rameswaram (approx. 4.5 hrs).
- View Pamban Bridge from the vehicle; visit Devipattinam Navagraha Temple.
- Rest at the hotel in Rameswaram.

Rameswaram & Dhanushkodi



Day 6

Sri Ramanathaswamy Temple

- Morning darshan at Sri Ramanathaswamy Temple.
- For those wishing to participate, ritual bathing at the 22 sacred wells.
- Please discuss comfort and assistance needs with the Care Manager.



Day 6

Sacred Sites & Coastal Views

- Visit Sri Ramar Padham and Sri Panchamukha Anjaneya Temple.
- Explore Dhanushkodi and Dr. A. P. J. Abdul Kalam National Memorial.
- Return to the hotel for rest.

Madurai: Palace & Meenakshi



Day 7

Journey to Madurai

- Drive to Madurai (approx. 4 hours) through scenic Tamil Nadu landscapes.
- Visit the historic Thirumalai Nayakkar Palace, known for its grand architecture and majestic pillars.
- Check in at the hotel and relax after the journey.



Day 7

Meenakshi Temple Darshan

- Visit Meenakshi Amman Temple, dedicated to Goddess Meenakshi and Lord Sundareswarar.
- Admire the magnificent gopurams and experience the temple's spiritual atmosphere.
- Return to the hotel for an overnight stay in Madurai.

Murugan Abodes & Trichy



Day 8

Around Madurai

- Visit Azhagar Kovil, a revered temple dedicated to Lord Vishnu.
- Visit Pazhamudircholai Murugan Temple, one of the six sacred abodes of Lord Murugan.



Day 8

Trichy's Great Temples

- Visit Sri Ranganathaswamy Temple in Srirangam.
- Visit Sri Jambukeshwara Temple at Thiruvanaikoil, representing the element of Water.
- Return to the hotel in Trichy for a comfortable rest.

Back to Chennai



Day 9

The Road to Chennai

- Visit Sri Kapaleeswarar Temple.
- Enjoy a visit to Marina Beach.
- Explore T. Nagar and Pondy Bazaar for shopping.
- Return to the hotel for a comfortable rest.



Day 9

Shopping & a Restful Evening

- Transfer to Chennai Airport as per your onward travel schedule.
- Our team assists you with a smooth departure until you are on your way home.

Departure from Chennai



Day 10

A Comfortable Departure

- Transfer to Chennai Airport as per your onward travel schedule.
- Enjoy a comfortable ride to the airport.
- Travel at a relaxed pace with assistance from our team.
- Allow sufficient time for your airport arrival and departure formalities.



Day 10

Care Until You're on Your Way

- The TriBeCa team will assist you with your departure arrangements.
- Receive guidance and support throughout the airport transfer.
- Get assistance with your luggage, wherever required.
- Our team will ensure you are comfortably on your way home.

TriBeCa Care | Bringing Healthcare Home



What to Pack

- Light cotton clothing for warm days
- Non-slip shoes, easy to remove at temples
- Sun hat or cap and sunscreen for protection
- Walking stick or support if needed
- Light shawl for AC vehicles and hotels
- Small shoulder bag for essentials
- Modest clothing for temple visits
- Water bottle to stay hydrated
- Medications in original containers
- Doctor's letter, if needed for any condition

ACCESSIBILITY & SAFETY FEATURES

- Care Managers travel with the group
- Long drives include comfort stops
- Temple visits involve barefoot walking and some steps
- Rest breaks built into the schedule
- AC transfers between all destinations
- Dedicated Tribeca trip coordinator throughout the trip
- Rest stops planned at major attractions
- Medical assistance on standby



PRACTICAL RECOMMENDATIONS

For Seniors

Who This Itinerary is Best For

- Devotees who enjoy temple darshan and sacred traditions
- Seniors comfortable with road travel and temple walking
- Heritage lovers: Pallava, Chola and Nayak architecture
- Families seeking Care Manager support for their parents

Health Conditions

- **Heart or Lung Conditions**
- **Discuss travel fitness with your doctor before booking.**

- **Mobility Needs**
- **Temples involve barefoot stone floors and some steps.**

- **Warm Weather**
- **Carry a hat and water; take shade breaks when needed.**

- **Dietary Needs**
- **Breakfast included. Other meals at own cost; tell us your needs.**

Tips for Maximum Comfort

- Do not skip breakfast
- Drink water regularly, as advised for your health.
- Use walking sticks or supports without hesitation.
- Rest whenever needed
- Take photos and enjoy the moments
- If uncomfortable or tired, enjoy the view from the vehicle.

Ready to join us? Please Contact

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